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CW High School

21st Century Health

1. Illness and Disease Awareness (16.67%)

Learning Targets

1.1 I can research, examine, and present while using reliable sources a specific disease by explaining how its transmitted, geographically a threat, ways to be prevented/controlled, and then reflect on political, social, medical, global responsibilities.

Learning Target	Descriptor	Definition
4	Proficient	I can research, examine, and present while using reliable sources a specific disease by explaining how its transmitted, geographically a threat, ways to be prevented/controlled, and then reflect on political, social, medical, global responsibilities.
3	Developing	I can research and present while using reliable sources a specific disease by explaining how its transmitted, geographically a threat, ways to be prevented/controlled.
2	Basic	I can research and present while using reliable sources a specific disease by explaining how its transmitted, geographically a threat.
1	Minimal	I can research using reliable sources a specific disease by explaining how its transmitted, geographically a threat, ways to be prevented/controlled.
0	No Evidence	No evidence shown.

1.2 I can examine the importance of self-care and create a plan to have quality awareness of my mental state. I can identify mental illnesses and resources for helping someone or myself.

Learning Target	Descriptor	Definition
4	Proficient	I can examine the importance of self-care and create a plan to have quality awareness of my mental state. I can identify mental illnesses and resources for helping someone or myself.
3	Developing	I can examine the importance of self-care and distinguish what quality awareness of my mental state. I can identify mental illnesses and resources for helping someone or myself.
2	Basic	I can explain the importance of self-care and identify my mental state. I can identify mental illnesses and resources for helping someone or myself.
1	Minimal	I can identify the importance of self-care and mental illnesses and resources for helping someone or myself.
0	No Evidence	No evidence shown.



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2. Consequences of Breaking The Law (16.67%)

Learning Targets

2.1 I can research, discuss, and present the DUI laws throughout WI, other states, and other countries while examining the consequences of binge drinking and justify the outcome of a DUI trial.

Learning Target	Descriptor	Definition
4	Proficient	I can research, discuss, and present the DUI laws throughout WI, other states, and other countries while examining the consequences of binge drinking and justify the outcome of a DUI trial.
3	Developing	I can research, discuss, and present the DUI laws throughout WI, other states, and other countries while examining the consequences of binge drinking and justify the outcome of a DUI trial.
2	Basic	I can research, discuss, and present the DUI laws throughout WI, other states, and other countries while examining the consequences of binge drinking and justify the outcome of a DUI trial.
1	Minimal	I can research, discuss, and present the DUI laws throughout WI, other states, and other countries while examining the consequences of binge drinking and justify the outcome of a DUI trial.
0	No Evidence	No evidence shown.

2.2 I can evaluate through investigating court trials how a sex crime or other major felony will affect my lifetime goals.

Learning Target	Descriptor	Definition
4	Proficient	I can evaluate through investigating court trials how a sex crime or other major felony will affect my lifetime goals.
3	Developing	I can investigate court trials and draw conclusions how a sex crime or other major felony will affect my lifetime goals.
2	Basic	I can summarize how a sex crime or other major felony will affect my lifetime goals.
1	Minimal	I can state ways a sex crime or other major felony will affect my lifetime goals.
0	No Evidence	No evidence shown.

3. Responsibility Changes for Being 18 (16.67%)

Learning Targets

3.1 I can connect and discuss how laws change for people whom are 18 and research how financial responsibilities change, analyze how having a baby at a young age will affect goals.

Learning Target	Descriptor	Definition
4	Proficient	I can connect and discuss how laws change for people whom are 18 and research how financial responsibilities change, analyze how having a baby at a young age will affect goals.
3	Developing	I can assess and discuss how laws change for people whom are 18 and assess how financial responsibilities change, how having a baby at a young age will affect goals.



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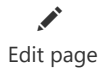
Learning Target	Descriptor	Definition
2	Basic	I can show how laws change for people whom are 18 and interpret how financial responsibilities change, predict how having a baby at a young age will affect goals.
1	Minimal	I can identify how laws change for people whom are 18 and tell how financial responsibilities change, identify how having a baby at a young age will affect goals.
0	No Evidence	No evidence shown.

3.2 I can design a plan for avoiding high stress scenarios including effective communication skills, short and long term wellness goals, career goals, and create strategies for coping when situations go wrong.

Learning Target	Descriptor	Definition
4	Proficient	I can design a plan for avoiding high stress scenarios including effective communication skills, short and long term wellness goals, career goals, and create strategies for coping when situations go wrong.
3	Developing	I can formulate a plan for avoiding high stress scenarios including effective communication skills, short and long term wellness goals, career goals, and assess a strategy for coping when situations go wrong.
2	Basic	I can summarize a plan for avoiding high stress scenarios including effective communication skills, short and long term wellness goals, career goals, and identify strategies for coping when situations go wrong.
1	Minimal	I can identify a plan for avoiding high stress scenarios including effective communication skills, short and long term wellness goals, career goals, and list coping strategies.
0	No Evidence	No evidence shown.

3.3 I can analyze the skills of budgeting, networking, positive relationships, interviewing, social media, and time management will help me to be successful when I am on my own.

Learning Target	Descriptor	Definition
4	Proficient	I can analyze the skills of budgeting, networking, positive relationships, interviewing, social media, and time management will help me to be successful when I am on my own.
3	Developing	I can assess the skills of budgeting, networking, positive relationships, interviewing, social media, and time management will help me to be successful when I am on my own.
2	Basic	I can distinguish the skills of budgeting, networking, positive relationships, interviewing, social media, and time management will help me to be successful when I am on my own.
1	Minimal	I can identify the skills of budgeting, networking, positive relationships, interviewing, social media, and time management will help me to be successful when I am on my own.
0	No Evidence	No evidence shown.



CW High School

21st Century Health

4. Valid Health Information (16.67%)

Learning Targets

4.1 I can evaluate, share, and present the validity of health information, products, and services while researching popular health fads.

Learning Target	Descriptor	Definition
4	Proficient	I can evaluate, share, and present the validity of health information, products, and services while researching popular health fads.
3	Developing	I can differentiate, share, and present the validity of health information, products, and services while researching popular health fads.
2	Basic	I can summarize and present the validity of health information, products, and services while researching popular health fads.
1	Minimal	I can identify and discuss the validity of health information, products, and services while researching popular health fads.
0	No Evidence	No evidence shown.

5. Community Health (13.65%)

Learning Targets

5.1 I can analyze and practice my personal responsibility as a citizen in a critical emergency situation by designing an emergency plan, summarizing first aid basics, and practicing CPR technique.

Learning Target	Descriptor	Definition
4	Proficient	I can analyze and practice my personal responsibility as a citizen in a critical emergency situation by designing an emergency plan, summarizing first aid basics, and practicing CPR technique.
3	Developing	I can differentiate what is an emergency situation through practice my personal responsibility as a citizen by designing an emergency plan, summarizing first aid basics, and practicing CPR technique.
2	Basic	I can describe my personal responsibility as a citizen in a critical emergency situation by constructing an emergency plan, summarizing first aid basics, and practicing CPR technique.
1	Minimal	I can describe my personal responsibility as a citizen in a critical emergency situation by identifying a emergency plan, first aid basics, and defining CPR technique.
0	No Evidence	No evidence shown.

6. Promoting Health and Health Safety (19.67%)

Learning Targets

6.1 I can design, present, and reflect on a lesson that promotes health and implements strategies for achieving a healthy lifestyle. They will adapt their health message to a specific target audience.

Learning Target	Descriptor	Definition
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Learning Target	Descriptor	Definition
4	Proficient	I can design, present, and reflect on a lesson that promotes health and implements strategies for achieving a healthy lifestyle. They will adapt their health message to a specific target audience.
3	Developing	I can design a lesson that promotes health and implements strategies for achieving a healthy lifestyle. They will adapt their health message to a specific target audience.
2	Basic	I can organize a lesson that promotes health and implements strategies for achieving a healthy lifestyle.
1	Minimal	I can identify a lesson that promotes health and implements strategies for achieving a healthy lifestyle.
0	No Evidence	No evidence shown.

6.2 I can conclude and reflect on how effective health education is essential for developing and maintaining a healthy lifestyle at such a young age.

Learning Target	Descriptor	Definition
4	Proficient	I can conclude and reflect on how effective health education is essential for developing and maintaining a healthy lifestyle at such a young age.
3	Developing	I can assess how effective health education is essential for developing and maintaining a healthy lifestyle at such a young age.
2	Basic	I can explain how health education is essential for developing and maintaining a healthy lifestyle at such a young age.
1	Minimal	I can identify ways health education is essential for developing and maintaining a healthy lifestyle at such a young age.
0	No Evidence	No evidence shown.

6.3 I can design and practice ways to improve health within the community of Chetek-Weyerhaeuser.

Learning Target	Descriptor	Definition
4	Proficient	I can design and practice ways to improve health within the community of Chetek-Weyerhaeuser.
3	Developing	I can assess and practice ways to improve health within the community of Chetek-Weyerhaeuser.
2	Basic	I can explain ways to improve health within the community of Chetek-Weyerhaeuser.
1	Minimal	I can identify ways to improve health within the community of Chetek-Weyerhaeuser.
0	No Evidence	No evidence shown.

Submitted on 2/18/2019 by Paula Gates